



Risk Statement - Paddle Up 2023


Paddle Up Risk Statement

I am aware that stand up paddle boarding poses potential risks and I am aware of the dangers. I agree to obey the instructions of the Paddle Up staff and abide basic river etiquette as described in the briefing.


I have read and understood Paddle Up's [Cancellation Policy](#) and [Terms and Conditions](#)

I am fully responsible for my own safety and for the equipment and I understand that Paddle Up is in no way responsible for my child's safety.


 I agree to wear the buoyancy aid and safety leash provided at all times when using the paddle board

 I understand the max weight capacity per paddle board is 140 kg (22 stone) if my weight exceeds this, I agree to declare this to Paddle Up prior to my booking

 I declare that I am a confident swimmer and can swim 50m unaided

 I understand that participants under the age of 18 must be accompanied on the water by an adult at all times

 I understand that children's safety is parental/guardians responsibility and that the adult to child ratio is 1:1

 I understand that Paddle Up's paddle boards are inflatable, and that I am responsible for the return of this equipment in the same condition in which I received it

 I agree to pay in full for repairs or replacement if the equipment is damaged or lost (see [T&C's](#) for price list)


 I understand that If I am late to my booking, I may not be able to have my session and that I will not be entitled to a refund

 I have raised any concerns and declared any medical conditions to Paddle Up prior to my booking, **example Asthma**


 I declare that I am physically fit and able to participate in these activities

 I have told Paddle Up if I am pregnant prior to my activity date

 I agree to cover up any cuts and abrasions, and to wash once I am home if I fall/swim in the river, this is to reduce the risk of weill's disease

 Photos and video may be taken on the day and placed online to help promote Paddle Up. If you do not wish to have any of your photos placed on any of our social media pages, please let us know in writing

 I am not under the influence of drugs or alcohol whilst signing this waiver

 For unsupervised freeride, I agree to have a mobile on me during my activity with the Paddle Up number saved **07861 916134**. We also recommend installing [What3words](#) on your phone

I am over the age of 18 and I have fully read and understood the contents of this agreement before I signed.

Name _____

Signature_____

Date _____